



## **First Aid/CPR/AED-National Safety Council version for Adults**

2 year certification in CPR/AED

2 year certification in First Aid

**COURSE CODE – FACA - NSC**

**Class Time — 6 hours Instructor-led class**

**Please contact your local center for class times and availability.**

**Price—Member \$60.00/Non-member \$85.00**

### **Recommended for:**

- Supervisors
- ***Beneficial to everyone!***

### **Course Description**

- Hands-on Adult CPR practice
- Basic Life Support techniques
- Using an AED
- Checking the scene, calling for help
- How to check the victim for signs and symptoms
- How to help a choking victim (responsive and unresponsive)
- Preventing disease transmission while helping a victim
- Bleeding and wound care
- Minimizing shock
- Serious injuries
- Sudden illnesses
- Signs and symptoms of heart attack and stroke
- Cold and heat emergencies
- Information concerning poisoning

### **Course Objectives:**

- Recognizing an emergency situation and providing first aid until professional help arrives
- Performing CPR, to maintain life until help arrives.
- How to use an AED
- Understanding the Cardiac Chain of Survival